

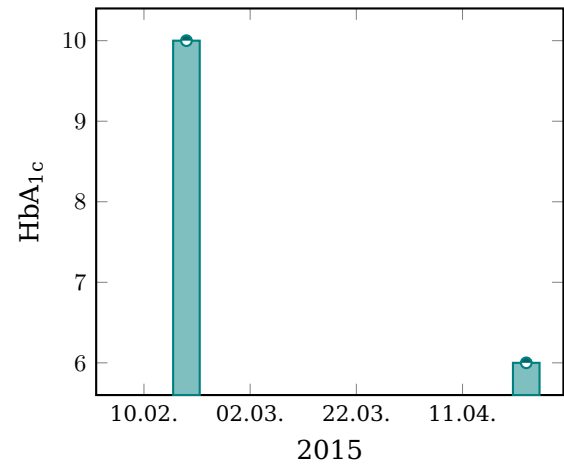
# **My Diabetes Diary**

John Doe

May 11, 2015

# 1 Long term values

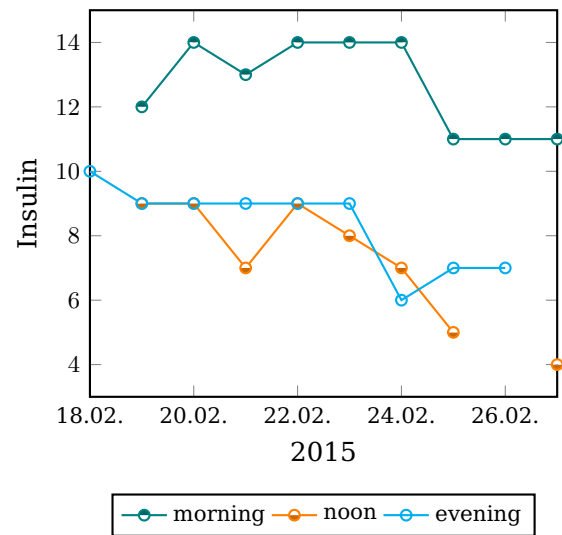
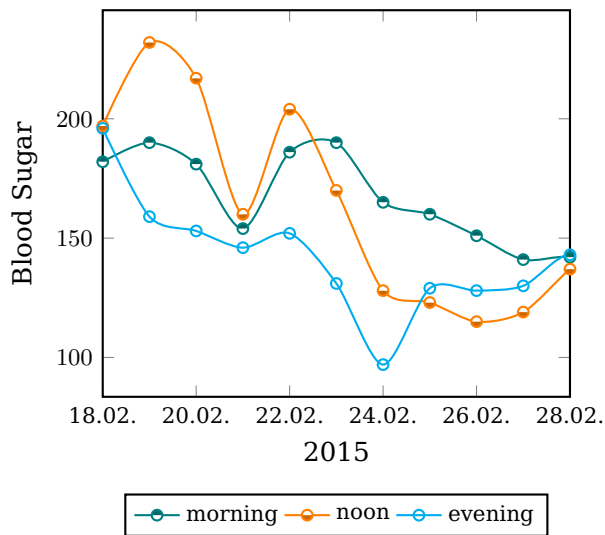
Date	HbA <sub>1c</sub>
18.02.2015	10.0
23.04.2015	6.0

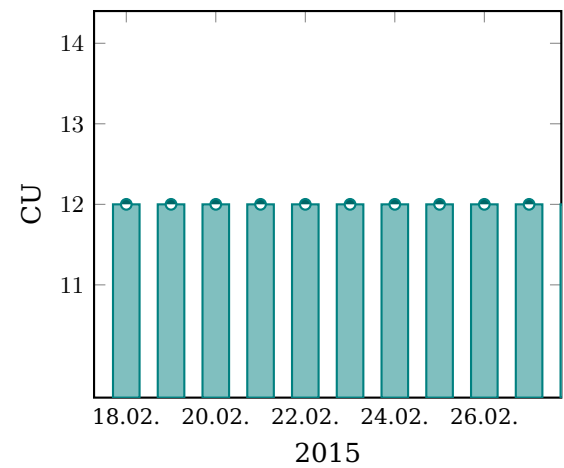
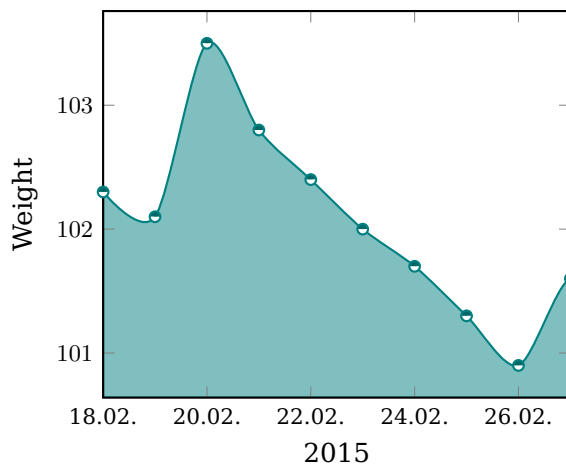
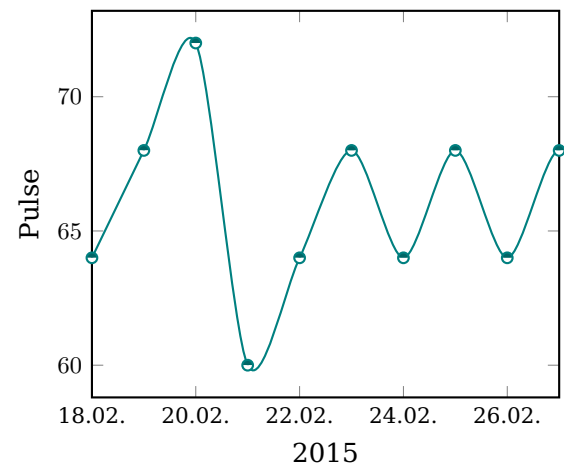
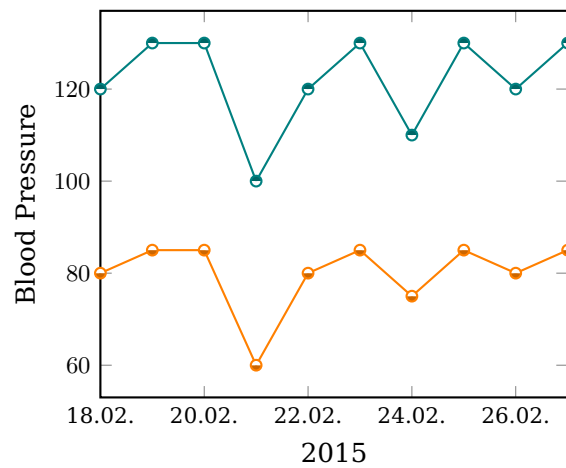


## 2 February 2015

### 2.1 Data

Date	BS(1)	BS(2)	BS(3)	I(1)	I(2)	I(3)	BP(s)	BP(d)	Weight	CU	Pulse
18.02.2015	182	197	196	–	–	10	120	80	102.3	12	64
19.02.2015	190	232	159	12	9	9	130	85	102.1	12	68
20.02.2015	181	217	153	14	9	9	130	85	103.5	12	72
21.02.2015	154	160	146	13	7	9	100	60	102.8	12	60
22.02.2015	186	204	152	14	9	9	120	80	102.4	12	64
23.02.2015	190	170	131	14	8	9	130	85	102.0	12	68
24.02.2015	165	128	97	14	7	6	110	75	101.7	12	64
25.02.2015	160	123	129	11	5	7	130	85	101.3	12	68
26.02.2015	151	115	128	11	–	7	120	80	100.9	12	64
27.02.2015	141	119	130	11	4	–	130	85	101.6	12	68
28.02.2015	142	137	143	–	–	–	120	80	101.2	12	64





## 2.2 Pharmaceuticals

Medication Chart (issued: 16.02.2015)					
Pharmaceutical	Morning	Noon	Evening	Night	Note
Oxycodon-HCI STADA 10mg Retardtabletten	1	1	1	0	see data infusion 08:00, 16:00, 00:00
Insulin	1	1	1	0	
Unacid 3g	1	0	1	1	
Mono-Embolex 3000 I.E. Prophylaxe	0	0	1	0	

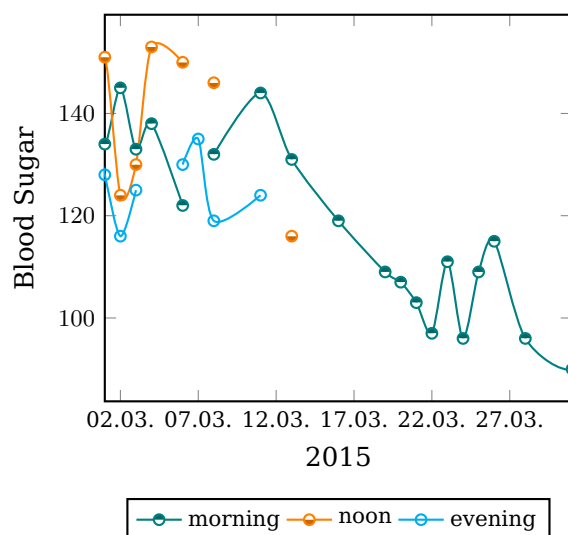
Medication Chart (issued: 24.02.2015)					
Pharmaceutical	Morning	Noon	Evening	Night	Note
Oxycodon-HCI STADA 10mg Retardtabletten	0	0	1	0	see data
Insulin	1	1	1	0	
Mono-Embolex 3000 I.E. Prophylaxe	0	0	1	0	

Medication Chart (issued: 28.02.2015)					
Pharmaceutical	Morning	Noon	Evening	Night	Note
Oxycodon-HCI STADA 10mg Retardtabletten	0	0	1	0	
Metformin	2	0	2	0	
Mono-Embolex 3000 I.E. Prophylaxe	0	0	1	0	

## 3 March 2015

### 3.1 Data

Date	BS(1)	BS(2)	BS(3)
01.03.2015	134	151	128
02.03.2015	145	124	116
03.03.2015	133	130	125
04.03.2015	138	153	–
06.03.2015	122	150	130
07.03.2015	–	–	135
08.03.2015	132	146	119
11.03.2015	144	–	124
13.03.2015	131	116	–
16.03.2015	119	–	–
19.03.2015	109	–	–
20.03.2015	107	–	–
21.03.2015	103	–	–
22.03.2015	97	–	–
23.03.2015	111	–	–
24.03.2015	96	–	–
25.03.2015	109	–	–
26.03.2015	115	–	–
28.03.2015	96	–	–
31.03.2015	90	–	–



### 3.2 Pharmaceuticals

Medication Chart (issued: 03.03.2015)					
Pharmaceutical	Morning	Noon	Evening	Night	Note
Oxycodon-HCl STADA 10mg Retardtabletten	0	0	1	0	replaces Metformin due to op
Januvia 100mg	1	0	0	0	
Mono-Embolex 3000 I.E. Prophylaxe	0	0	1	0	

Medication Chart (issued: 10.03.2015)					
Pharmaceutical	Morning	Noon	Evening	Night	Note
Oxycodon-HCl STADA 10mg Retardtabletten	0	0	1	0	infusion 08:00, 16:00, 00:00
Novaminsulfon Lichtenstein 500 mg	1	1	1	1	
Januvia 100mg	1	0	0	0	
Unacid 3g	1	0	1	1	
Mono-Embolex 3000 I.E. Prophylaxe	0	0	1	0	

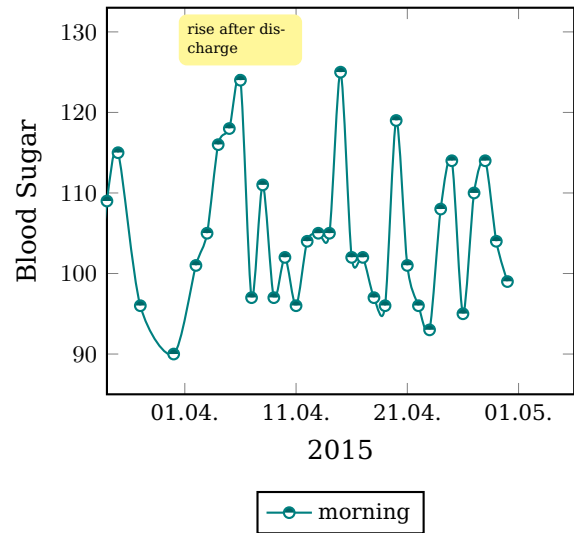
Medication Chart (issued: 20.03.2015)					
Pharmaceutical	Morning	Noon	Evening	Night	Note
Oxycodon-HCl STADA 10mg Retardtabletten	0	0	1	0	infusion 08:00, 16:00, 00:00
Novaminsulfon Lichtenstein 500 mg	1	1	1	1	
Unacid 3g	1	0	1	1	
Mono-Embolex 3000 I.E. Prophylaxe	0	0	1	0	

Medication Chart (issued: 30.03.2015)					
Pharmaceutical	Morning	Noon	Evening	Night	Note
Oxycodon-HCl STADA 10mg Retardtabletten	0	0	1	0	
Novaminsulfon Lichtenstein 500 mg	1	1	1	1	
Mono-Embolex 3000 I.E. Prophylaxe	0	0	1	0	

## 4 April 2015

### 4.1 Data

Date	BS(1)	BS(2)	BS(3)
02.04.2015	101	–	–
03.04.2015	105	–	–
04.04.2015	116	–	–
05.04.2015	118	–	–
06.04.2015	124	–	–
07.04.2015	97	–	–
08.04.2015	111	–	–
09.04.2015	97	–	–
10.04.2015	102	–	–
11.04.2015	96	–	–
12.04.2015	104	–	–
13.04.2015	105	–	–
14.04.2015	105	–	–
15.04.2015	125	–	–
16.04.2015	102	–	–
17.04.2015	102	–	–
18.04.2015	97	–	–
19.04.2015	96	–	–
20.04.2015	119	–	–
21.04.2015	101	–	–
22.04.2015	96	–	–
23.04.2015	93	–	–
24.04.2015	108	–	–
25.04.2015	114	–	–
26.04.2015	95	–	–
27.04.2015	110	–	–
28.04.2015	114	–	–
29.04.2015	104	–	–
30.04.2015	99	–	–





## 4.2 Pharmaceuticals

Medication Chart (issued: 02.04.2015)					
Pharmaceutical	Morning	Noon	Evening	Night	Note
Oxycodon-HCl STADA 10mg Retardtabletten	0	0	1	0	
Novaminsulfon Lichtenstein 500 mg	1	1	1	1	
Mono-Embolex 3000 I.E. Prophylaxe	0	0	1	0	

Medication Chart (issued: 07.04.2015)					
Pharmaceutical	Morning	Noon	Evening	Night	Note
Oxycodon-HCl STADA 10mg Retardtabletten	0	0	1	0	
Novaminsulfon Lichtenstein 500 mg	1	1	1	1	
Mono-Embolex 3000 I.E. Prophylaxe	0	0	1	0	
Novartis					
Sultamicillin-ratiopharm 375mg	1	0	1	0	

Medication Chart (issued: 16.04.2015)					
Pharmaceutical	Morning	Noon	Evening	Night	Note
Oxycodon-HCl STADA 10mg Retardtabletten	0	0	1	0	
Novaminsulfon Lichtenstein 500 mg	1	1	1	1	
Mono-Embolex 3000 I.E. Prophylaxe	0	0	1	0	
Novartis					
Amoclav 875mg + 125mg (Amoxicillin, Clavulansäure) Hexal	1	0	1	0	

Medication Chart (issued: 20.04.2015)					
Pharmaceutical	Morning	Noon	Evening	Night	Note
Oxycodon-HCl STADA 10mg Retardtabletten	0	0	1	0	
Novaminsulfon Lichtenstein 500 mg	1	1	1	1	
ASS protect 100mg	0	1	0	0	
Amoclav 875mg + 125mg (Amoxicillin, Clavulansäure) Hexal	1	0	1	0	

### 4.3 Misc.

Info (22.04.2015)
Podiatrist appointment: 22.04.2015 11:30 ☎ 089/65831933